

# Calling All Runners



## Participate on the Saint Elizabeth Track Team

**Sprints \* Distance Runs \* Relays \* Field Events**

**Be part of a great Co-Ed team ranging in age from 1<sup>st</sup> to 8<sup>th</sup> grade**

### **Track season begins:**

- Early April practices begin (Mon & Wed evenings)
- May 5 (first Conference meet and then every Wed in May)
- Early June (City Conference Finals)
- All practices at Wooton High School and meets at either Richard Montgomery or Wooton HS

### **Registration information:**

Please visit [www.rockvillemd.gov/recreation/guide/winter10/children.pdf](http://www.rockvillemd.gov/recreation/guide/winter10/children.pdf) for the Rockville Winter 2010 Recreation Guide and track and field information (p. 7)

For online registration, please visit <http://rockenroll.rockvillemd.gov/econnect/start/start.asp> and select "St. Elizabeth's – Joe Roach" during the check-out process

Registration deadline is February 18<sup>th</sup>

If you have any questions about the St E's track team, please contact Head Coach Joe Roach at [jroach@rcn.com](mailto:jroach@rcn.com)